



## TASTE Global Food Literacy Program

It is becoming increasingly critical for the world's students to learn food literacy in school, not just to address the health issues ballooning in our societies, but to give them the understanding required to become mindful food citizens necessary for the sustainability of our cultures, environments and global food systems.

Providing students with opportunities to become literate about food in a nutritional, environmental and socio-cultural sense gives them the capacities to make better decisions when purchasing or consuming food. Moreover, participating and experiencing how to grow, taste and cook food will enhance their health and well being. Integrating Global Food Literacy cross disciplinary studies into curricula around the world will help to create globally minded citizenship which in turn will help to improve the lives of children, their environment and their communities.

**Global Food Literacy** our definition:

“Global Food Literacy describes the understanding and knowledge needed to analyze and make well-informed choices about food for healthy lifestyles, whilst becoming global stewards of sustainable food systems and empathetic learners of intercultural practices related to the nourishment and enjoyment of eating food.”

### **OBJECTIVE**

Our aim is to create innovative programs focused on linking and embedding global perspectives on Food Literacy and Gastronomy into primary and secondary school curricula and to deepen the quality of practice in this emerging area of education.

## **MISSION**

Our mission is to improve the health and well being of children worldwide, their communities and their environment through the development of knowledge, skills and understanding of Food Literacy and Gastronomy.

## **PROGRAM SERVICES**

We offer consulting and professional development (lectures, seminars, training and mentoring) to parties interested in strengthening the links between Global Food Literacy and curricula. Please contact us for further details or to discuss possible collaborations.